

# Service of Morning Communion

3rd Sunday Trinity Sunday – 20 June 2021

## Welcome

## Hymn

## The Greeting

The Lord be with you

**ALL** and also with you.

## Prayer of Preparation

**ALL** Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

## Prayers of Penitence

Remember, Lord, Your compassion and love, for they are everlasting. Lord have mercy. Lord have mercy. Remember not the sins of our youth or our transgressions, but think on us in your goodness O Lord, according to your steadfast love. Christ have mercy. Christ have mercy.

O keep our souls and deliver us; let us not be put to shame, for we have put our trust in you. Amen.

## Absolution

## The Collect

## The LITURGY of the WORD

## Reading

### **1 Samuel 17:32-49 (New International Version)**

<sup>32</sup> David said to Saul, "Let no one lose heart on account of this Philistine; your servant will go and fight him." <sup>33</sup> Saul replied, "You are not able to go out against this Philistine and fight him; you are only a young man, and he has been a warrior from his youth."

<sup>34</sup> But David said to Saul, "Your servant has been keeping his father's sheep. When a lion or a bear came and carried off a sheep from the flock, <sup>35</sup> I went after it, struck it and rescued the sheep from its mouth. When it turned on me, I seized it by its hair, struck it and killed it. <sup>36</sup> Your servant has killed both the lion and the bear; this uncircumcised Philistine will be like one of them, because he has defied the armies of the living God. <sup>37</sup> The Lord who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine." Saul said to David, "Go, and the Lord be with you." <sup>38</sup> Then Saul dressed David in his own tunic. He put a coat of armour on him and a bronze helmet on his head. <sup>39</sup> David fastened on his sword over

the tunic and tried walking around, because he was not used to them. "I cannot go in these," he said to Saul, "because I am not used to them." So he took them off. <sup>40</sup> Then he took his staff in his hand, chose five smooth stones from the stream, put them in the pouch of his shepherd's bag and, with his sling in his hand, approached the Philistine. <sup>41</sup> Meanwhile, the Philistine, with his shield bearer in front of him, kept coming closer to David. <sup>42</sup> He looked David over and saw that he was little more than a boy, glowing with health and handsome, and he despised him. <sup>43</sup> He said to David, "Am I a dog, that you come at me with sticks?" And the Philistine cursed David by his gods. <sup>44</sup> "Come here," he said, "and I'll give your flesh to the birds and the wild animals!" <sup>45</sup> David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies of Israel, whom you have defied. <sup>46</sup> This day the Lord will deliver you into my hands, and I'll strike you down and cut off your head. This very day I will give the carcasses of the Philistine army to the birds and the wild animals, and the whole world will know that there is a God in Israel. <sup>47</sup> All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord's, and he will give all of you into our hands." <sup>48</sup> As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him. <sup>49</sup> Reaching into his bag and taking out a stone, he slung it and struck the Philistine on the forehead. The stone sank into his forehead, and he fell facedown on the ground.

## **HYMN**

### **Gospel Reading**

#### **Mark 4:35-41 (New International Version)**

<sup>35</sup> That day when evening came, he said to his disciples, "Let us go over to the other side." <sup>36</sup> Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. <sup>37</sup> A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. <sup>38</sup> Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?" <sup>39</sup> He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

<sup>40</sup> He said to his disciples, "Why are you so afraid? Do you still have no faith?"

<sup>41</sup> They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

## **SERMON**

The sermon can be found after the service on our website  
[www.stjamesroundsgreen.com](http://www.stjamesroundsgreen.com) or on our Facebook page.

## **The Creed**

We believe in God, the almighty Father, who is the creator of heaven and earth. We believe in Jesus Christ, His only begotten Son, our Lord, who was conceived by the Holy Spirit, given birth by the Virgin Mary and suffered under Pontius Pilate, was crucified, died, and was buried, He descended to the dead.

On the third day He rose from the dead, ascended into heaven, is seated at the Father's right hand. He will return to judge the living and the dead.

We believe in the Holy Spirit, the communion of saints, the forgiveness of sins, the resurrection of the body, and in everlasting life. Amen.

## The Peace

### Prayers of Intercession

#### Intercessions for Trinity 3 (2021)

**Lord**, your disciples called out to you in their fear and distress. Wherever they live in the world, please hear your people's cry to you today when faith falters and dark waves threaten to overwhelm them in the storms of life. Still the clamour of anxious doubts which sometimes crowd in. May your universal Church be instrumental in offering your peace, hope and support, both spiritually and practically, whenever it is called upon to act. We ask that you will be continually transforming us into a people who radiate your love to others: a people whose eyes are fixed on you in all circumstances: a people who recognise when others are struggling and who have the courage to walk with them in their time of difficulty.

**Lord**, your Old Testament people feared destruction when faced with Goliath. We ask you to give wisdom and imagination to leaders around the world as they face challenges which seem to be unbeatable. Grace them with wisdom for the challenges needed to bring about peace in war torn countries: the wisdom needed for the challenges to ensure safe living with all the continuing appearance of variants of the Coronavirus. We particularly pray for wisdom for our own government as they continue to address the challenges thrown up in the aftermath of Brexit; and the hostilities that that has provoked from the EU towards us as a country. For everyone, whether in leadership roles or not, we ask for the wisdom needed to challenge any evil which presents itself around us.

**Lord**, we know that within our community there are many people living in distress and fear. Bring them to the realisation that often they need to be proactive in bringing about change in their lives and give them the courage and the energy to make a start. We pray that your grace will guide them to the right organisations who will be able to help them and give them hope for a more fulfilling future. Show us how we, as a church, can be part of this process. We also pray that, as this long and difficult school year draws to a close, you will give the teachers at St James the stamina they need to end it well.

**Lord**, we name silently before you now those we know who are in any form of pain or distress.....Speak your words of peace to them. Breathe into them your calm and tranquil presence; and give them rest and hope.

## **HYMN**

## EUCCHARISTIC PRAYER H

The Lord is here.

**ALL His Spirit is with us.**

Lift up your hearts

**ALL We lift them to the Lord.**

Let us give thanks to the Lord our God.

**ALL It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself. When we turned away you did not reject us, but came to meet us in your Son.

**ALL You embraced us as your children and welcomed us to sit and eat with you.**

In Christ you shared our life that we might live in him and he in us.

**ALL He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.**

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them saying: Take, eat: this is my body which is given for you; do this in remembrance of me.

**ALL Father, we do this in remembrance of him: his body is the bread of life.**

At the end of supper, taking the cup of wine, he gave you thanks and said; Drink this, all of you, this is my blood of the new covenant, which is shed for you for the forgiveness of sins; do this in remembrance of me.

**ALL Father, we do this in remembrance of him: his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son.

**ALL As we eat and drink these holy gifts make us one in Christ, our risen Lord.**

With your whole church throughout the world we offer you this sacrifice of praise and lift our voice to join the eternal song in heaven:

**ALL Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

Let us now continue in prayer using the words our Saviour taught us:  
**ALL:** Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

### Breaking of the Bread

We break this bread to share in the body of Christ.

**ALL** Though we are many, we are one body, because we all share in one bread.

### Invitation to Communion

Draw near with faith. Receive the body of our Lord Jesus Christ, which he gave for you, and his blood, which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

**ALL** Most merciful Lord, your love compels us to come in. Our hands were unclean, our hearts were unprepared; we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners.

So, cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.

### THE PRIEST AND THE PEOPLE RECEIVE COMMUNION.

#### Prayer after Communion

**ALL** Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

#### Hymn

#### Blessing

Go in peace to love and serve the Lord

**ALL:** In the name of Christ. Amen.